

Core Values (Core Strength)

January 11, 2026

We are told that to maintain optimal health we need to strengthen our core. When used spiritually, strengthening our core means reinforcing what is foundational to our church. This will ensure that our church remains healthy in the New Year ahead.

Value #1: Biblical Truth

Scripture: John 8: 31-32; 2 Timothy 3: 14-17

- 1) John 8:31 says, "If you hold to my teaching, you are really my disciples." What is the difference between knowing Jesus' words and abiding in them? How have you seen that difference play out in real life?
- 2) Jesus links truth with freedom in John 8:32.
What kinds of addictions do people live in today that Biblical truth - not opinion or information - can actually free us from? Give an example of scripture that people could live into that could free them from a particular addiction?
- 3) In 2 Timothy 3:14, Paul urges Timothy to continue in what he has learned. Why do you think perseverance in Biblical truth is just as important as learning it in the first place?
- 4) According to 2 Timothy 3:16, Scripture is God-breathed. How does viewing Scripture as divinely inspired shape the way we listen to sermons, read the Bible, or make decisions?

- 5) Paul lists 4 purposes of scripture: teaching, rebuking, correcting, and training in righteousness. Which of these do you find easiest to receive - and which is the most difficult or challenging? Why?
- 6) Jesus connects truth with discipleship, not just belief. What practices help believers remain rooted in Biblical Truth?
- 7) Paul reminds Timothy that he learned the Scriptures from childhood. What role do parents, grandparents, mentors, Sunday School teachers, play in grounding us in truth?
- 8) How can we discern the difference between Biblical conviction and personal preference when applying Scripture to our lives?
- 9) In a culture suspicious of absolute truth, how can Christians speak the truth in love without compromising either grace or conviction?
- 10) What is one concrete way you can “abide” in Jesus’ teaching this week - through scripture reading, obedience, or surrender?